

FREE!

6- Welcome Back









All students eat breakfast and lunch for



Must have cash on hand or funds on account to purchase any extras - no exceptions.

SNOW DAYS In case of school cancellation, we will serve the menu from the first snow day on the day we return to school



CHECK OUT HEALTH-E-PRO FOR ONLINE MENUS WITH NUTRIENT INFORMATION AND MORE @ CHARLOTTE PUBLIC SCHOOLS FOOD & NUTRITION

MON

Jan. 5 **Chewy Chocolate** Chunk Granola Bar

String Cheese Fruit of the day Milk and Juice

TUES Jan. 6

Blueberry Nutri-Grain Bar

Yogurt Fruit of the day Milk and Juice

WED

Jan. 7 **Chocolate Glazed** Mini Donut Holes

String Cheese Fruit of the day Milk and Juice

THURS

Jan. 8 Cocoa Puff **Breakfast Kit**

Fruit of the day Milk

FRI

Jan. 9

Strawberry Cream Cheese Bagels Yogurt

Fruit of the day Milk and Juice

Jan. 12

Strawberry Cheerios Cereal Bar

String Cheese Fruit of the day Milk and Juice

Jan. 13

Double Chocolate Oatmeal Bar

Yogurt Fruit of the day Milk and Juice

Jan. 14

Mini Blueberry **Donut Holes**

Yogurt Fruit of the day Milk & Juice

Jan. 15

Lucky Charms Breakfast Kit

Fruit of the day Milk

Jan. 16

Chocolate Filled Crescent

Yogurt Fruit of the day Milk and Juice

Jan. 19

No School for Students or Staff **MLK Day**

Jan. 20

Apple Cinnamon Nutri-Grain Bar

Yogurt Fruit of the day Milk and Juice

Jan. 21

Cinnamon Toast Crunch Muffin

String Cheese Fruit of the day Milk and Juice

Jan. 22

Trix Cereal Breakfast Kit

Fruit of the day Milk

Jan. 23

Cinnamon Ultimate **Breakfast Round**

Yogurt Fruit of the day Milk and Juice

Jan. 26

Blueberry Muffin

String Cheese Fruit of the day Milk and Juice

Jan. 27

Cherry Cocoa Soft Baked Bar

Yogurt Fruit of the day Milk and Juice

Jan. 28 Mini Powdered **Donut Holes**

String Cheese Fruit of the day Milk and Juice

Jan. 29 Cinnamon Pop-Tart

Breakfast Kit

Fruit of the day Milk

Jan. 30

Cinnamon Brown Sugar **Snack Pack**

Yogurt Fruit of the day Milk and Juice

Follow us on Facebook @ **Charlotte Public Schools: Food & Nutrition Services**

Breakfast is available at the start of each school day. No Breakfast served on 2-hour delays





